## **TECHNOLOGY FOR WELL-BEING**

## **Session Plan**

Name:		Date:	
(What will be covered)	Purpose (Proposed p	plan)	
Process and Flow Play	Modelling (1 do)	Guided Practice (We do,	Independent Practice (You do)
Closure  (Recap, make notes during sess what went well, etc.)		next session	Learning Styles Identified  Coaching Strategies & Activity ideas  Strengths Identified  Coaching Strategies & Activity Ideas