TECHNOLOGY FOR WELL-BEING

Session Plan

Name: John Date: Monday 12/8

Focus Activity

(What will be covered)

Skype

Purpose

(Proposed plan)

Set up Skype on John's computer and start to learn how to locate and open the icon

Process and Flow

Play

If time, call someone on Skype before session ends. Modelling (1 do)

John to watch me find the Skype icon and open the app.

Guided Practice (We do)

Work with John as he finds and opens the Skype icon and assist as required.

Independent Practice (You do)

John finds and opens Skype independently during the session. John to try and find the icon each time he uses his computer at home.

Closure

(Recap, make notes during session here on what went well, etc.)

Recap the process of finding and opening the Skype icon with John.

Plan for next session

Learn more about what skype can be used for.

Learning Styles Identified Visual

Coaching Strategies & Activity ideas Step by step notes

Strengths Identified

Love of Learning; Curiosity

Coaching Strategies & Activity Ideas Ask John to find out if any of his friends have and use Skype